

Children Basic Program ages 5—7 4 PM- 4:45 PM Family Basic Program 5:00 PM - 5:45 PM Advanced Program 6:00 PM - 7:00 PM Little Dragons ages 5 and under 3:15 PM - 4 PM Children Basic Program ages 5—7 4 PM - 4:45 PM Family Basic Program 5:00 PM - 5:45 PM Advanced Program 6:00 PM - 7:00 PM

## Wednesday

Children Basic Program ages 5—7 4 PM - 4:45 PM Family Basic Program 5:00 PM - 5:45 PM Advanced Program Sparring 6:00 PM - 7:00 PM

## Thursday

Little Dragons ages 5 and under 3:15 PM - 4 PM Children Basic Program ages 5—7 4 PM - 4:45 PM Family Basic Program 5:00 PM - 5:45 PM Advanced Program 6:00 PM - 7:00 PM

## Friday

Little Dragons ages 5 and under 3:15 PM - 4 PM Children Basic Program ages 5—7 4 PM - 4:45 PM Family Basic Program 5:00 PM - 5:45 PM Advanced Program 6:00 PM - 7:00 PM

## Saturday

Little Dragons ages 5 and under 9:15 AM - 10 AM Family Program 10:00 AM - 10:45 AM BBLP Black Belt Preparation 11 AM - 12 PM Advanced Program Sparring 12 PM -1 PM

